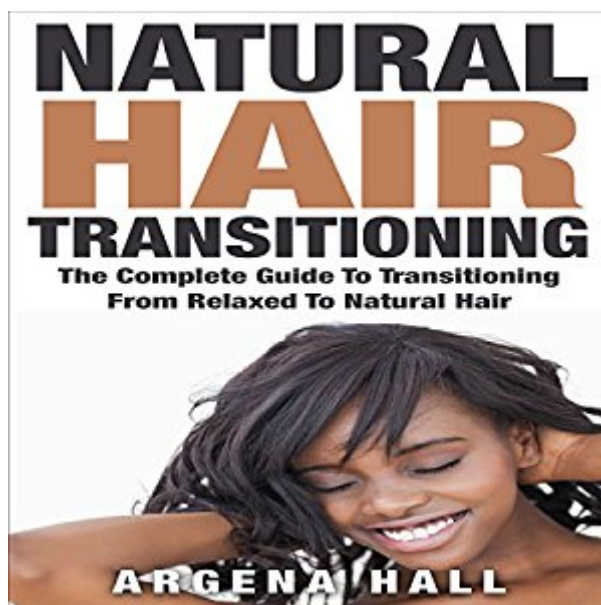


The book was found

# Natural Hair Transitioning: How To Transition From Relaxed To Natural Hair



## Synopsis

The complete guide to going from relaxed to natural hair Let's be honest, transitioning can be a frustrating process. If you're interested in going natural, your damaged hair will have to recover, and this book will help guide you through the process. Many women are deciding to embrace their natural hair because they're tired of the damage, costs, and upkeep that it takes to have relaxed and straight hair. I'm glad that you decided to go on this natural hair journey, but it will be a journey for sure. You have to learn to be patient and work with your hair. The process will go much smoother if you know what to expect and how to treat your hair correctly. I started my journey about three years ago, and when I decided to go natural, I had to go through the transition phase. It was a struggle, but it was well worth it because I didn't want to do the big chop. Now my hair is mainly one texture, and I'm full-blown natural and loving it! Believe me, the big chop is not necessary. There's a lot to learn. Here's a preview of what you'll learn: How long your transition will take What to expect while transitioning How to blend two textures Appropriate hairstyles for transitioning How to treat your hair Natural hair care tips Dealing with emotions What to do next And more!

## Book Information

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## Customer Reviews

I can pretty much relate with the author. I used to have relaxed hair and it was beautiful at first. Little did I know that it is only the facade that looks great. With continuous use of these styling products, my hair became so damaged. It led me to use hair iron which entailed me to have more heat because I was so conscious with how my hair looks. When I read this book, I learned a lot of hair care techniques and made want to maintain my natural hair more. I agree with the author that

nowadays, being natural is a lot more "in style"™. Our hair is definitely a big factor that gives us confidence. And a boost in confidence goes a long way! Thumbs up for this book!

I bought this book for my wife who is continuing to thank me for it. The information that Argena gives was very helpful to her in getting her back to its original color. And I am thankful because I have the girl back that I met 20 years ago.

I liked the book. I found it helpful in getting me started on the road to transitioning, of which I feel strongly about. I do, however, wish that some product recommendations for transitioning could have been made to help get the process started easier. Maybe this will be next? Thank you for your support and encouragement. I am excited about this change!

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